

# Lesson 06

## My Grandmother Is Doing The Samayik



My grandma is doing the  
Samayik.



She is sitting on an asan.  
She has a Rajohan.



I saw her clean the place  
with her Rajohan, so that  
there are no insects there.



She does not want to hurt  
any insect while sitting  
there.



She has a rosary. She has  
her special Jain prayer  
books.



I can see her silently  
sitting and saying her  
prayers.



She will sit for 48 minutes  
in samayik. She will not talk  
to anybody.



She will not even think of  
cooking.



She will not talk to anyone.



Rhyme:

My Grandmother Is Doing  
The Samayik.

My grandma is doing the  
Samayik, I can see her from  
here,



I run to her sitting there,  
And I call her loudly,



I even try to talk to her  
nicely.  
But why is she not listening  
to me?



Mother: "Please let her be.  
She cannot talk to you,  
While she is doing the  
samayik, About household  
things she should not think."



"Because when you are doing the Samayik You are meditating."



So I quietly wait for her to finish.

Then I will talk to her.

While she is doing the Samayik I will not disturb her.

